



Choice and Change

Shawna Greene

COUNSELING • EDUCATION • PREVENTION

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B.R.N. CE CLASSES AVAILABLE

PROVIDER APPROVED BY THE CALIFORNIA B.R.N.
PROVIDER NUMBER 14713

CLASSES ARE CURRENTLY ON ZOOM.

- These classes meet the requirements for the California B.R.N.'s Diversion and Probation Programs, AND, the CEH's earned can be used for license renewals.
- Classes are conducted in a COMPLETELY CONFIDENTIAL ENVIRONMENT whether via Zoom, or in person.

PLEASE REFER TO THE LIST OF CLASSES AVAILABLE, AND CHOOSE THE CLASSES YOU NEED OR WANT

I have so loved giving these classes for the past twenty years. ☺

CALL ME: SHAWNA GREENE – Choice and Change at (818) 786 – 6632. If I can't pick up immediately, please leave a message with your name, telephone number, and best times to reach you.

** If you're in a Group of colleagues needing classes, **please share** this information with them.

* Currently, these classes are held via ZOOM. When in Person classes resume, they take place in Van Nuys.

Yours in Recovery,

Shawna Greene

List of Classes Offered by Choice and Change

Shawna Green (818) 786-6632
contactus@choiceandchange.net

- PHARMACOLOGY FOR NURSES
- LEGAL ASPECTS OF NURSING - ENFORCING THE ETHICS (UP TO DATE INFORMATION)
- STRESS MANAGEMENT FOR CAREGIVERS
- ETHICAL AWARENESS FOR CARE GIVERS
- CHEMICAL DEPENDENCY - THE DIS-EASE OF ADDICTION
- RELAPSE PREVENTION - CONTINUING OUR RECOVERY
- NURSING DIAGNOSIS
- SUPERVISION & DELEGATION WITH NON-R.N.s AND U.A.P.S
- MAKING RECOVERY WORK - WRITING YOUR PERSONAL RELAPSE PREVENTION PLAN
- NURSING LEADERSHIP AND MANAGEMENT-YOUR ROLES, YOUR SKILL, YOUR STYLE
- POSITIVE SELF REGARD - RECOVERY'S TRUE REWARDS
- PATHOPHYSIOLOGY - NORMAL VERSUS ABNORMAL IN NURSING ASSESSMENTS
- FAMILY DYNAMICS IN ADDICTION AND RECOVERY
- PROFESSIONAL BOUNDARIES - PROTECTING YOUR PATIENTS, YOUR PROFESSION, AND YOURSELF
- UTILIZING YOUR EMOTIONAL ENERGY IN RECOVERY
- BECOMING RESPONSIBLY ASSERTIVE - THE "MASTER KEY" TO RELATIONSHIPS IN RECOVERY
- SPIRITUALITY IN RECOVERY - A PLACE OF "ROOTS AND WINGS"
- MANAGING CHANGE IN RECOVERY
- CREATING YOUR COMPASS AND MAPPING YOUR ROAD
- RELATIONSHIPS IN RECOVERY - HOW TO HELP THEM HEAL, GROW, AND THRIVE