

List of Classes Offered by Choice and Change Shawna Green (818) 786-6632

- **PHARMACOLOGY FOR NURSES**
- **LEGAL ASPECTS OF NURSING - ENFORCING THE ETHICS (UP TO DATE INFORMATION)**
- **STRESS MANAGEMENT FOR CAREGIVERS**
- **ETHICAL AWARENESS FOR CARE GIVERS**
- **CHEMICAL DEPENDENCY - THE DIS-EASE OF ADDICTION**
- **RELAPSE PREVENTION - CONTINUING OUR RECOVERY**
- **NURSING DIAGNOSIS**
- **SUPERVISION & DELEGATION WITH NON-R.N.s AND U.A.P.S**
- **MAKING RECOVERY WORK - WRITING YOUR PERSONAL RELAPSE PREVENTION PLAN**
- **NURSING LEADERSHIP AND MANAGEMENT-YOUR ROLES, YOUR SKILL, YOUR STYLE**
- **POSITIVE SELF REGARD - RECOVERY'S TRUE REWARDS**
- **PATHOPHYSIOLOGY - NORMAL VERSUS ABNORMAL IN NURSING ASSESSMENTS**
- **FAMILY DYNAMICS IN ADDICTION AND RECOVERY**
- **PROFESSIONAL BOUNDARIES - PROTECTING YOUR PATIENTS, YOUR PROFESSION, AND YOURSELF**
- **UTILIZING YOUR EMOTIONAL ENERGY IN RECOVERY**
- **BECOMING RESPONSIBLY ASSERTIVE - THE "MASTER KEY" TO RELATIONSHIPS IN RECOVERY**
- **SPIRITUALITY IN RECOVERY - A PLACE OF "ROOTS AND WINGS"**
- **MANAGING CHANGE IN RECOVERY**
- **CREATING YOUR COMPASS AND MAPPING YOUR ROAD**
- **RELATIONSHIPS IN RECOVERY - HOW TO HELP THEM HEAL, GROW, AND THRIVE**