



**Choice and Change**

**Shawna Greene**

COUNSELING • EDUCATION • PREVENTION

6308 Woodman Avenue - Suite #209

Van Nuys, CA 91401

Phone: (818) 786-6632

Fax: (818) 786-6309

Dear Colleagues:

**WE CURRENTLY MEET ON ZOOM!**

(When meeting in person is allowed, you'll be notified.)

**These classes are open ONLY to nurses on Probation and Diversion Programs.**

\*This arrangement is in the interest of confidentiality. It gives us the option to safely and openly share the unique experiences and information that are especially relevant to us.

\*\*Also, seating is intentionally limited.

**In Person Classes** are held in a homelike office environment, and are always on Sundays, to facilitate your ease in scheduling, and travel. Breakfast, Lunch, snacks, and class materials are all included.

Provider is approved by the California Board of Registered Nursing, CEP# 14713  
FOR 2 (TWO) FOR 4 (FOUR) AND 8 (EIGHT) TO 16 (SIXTEEN) CONTACT HOURS PER CLASS

**YOU MUST CALL ME DIRECTLY TO REQUEST/ENROLL IN ANY OF THE CLASSES LISTED BELOW !**

**IF YOU MUST HAVE A CLASS,  
YOU CAN CALL ME FOR PRIVATE ARRANGEMENTS**

**I WILL GIVE YOU A SPECIFIC DATES FOR THE CLASSES YOU REQUEST**

- It is a great and ongoing pleasure to provide you with Continuing Education Units. I learn much from preparing and presenting your classes, and I learn much from you. Because of the atmosphere and structure of each course, nurses also learn from, and network with, one another.

I look forward to speaking with you !

Sincerely,  
Shawna Greene

R.N. # 306113, C.A.R.N. # C0575, N.C.A.C.II # 002607, N.C.R.C. # 1997, C.A.D.C. # A33518862, C.D.V.C. #A11724, C.C.J.S.#11723S

## **List of Classes Offered by Choice and Change**

Shawna Green (818) 786-6632  
contactus@choiceandchange.net

- **PHARMACOLOGY FOR NURSES**
- **LEGAL ASPECTS OF NURSING - ENFORCING THE ETHICS (UP TO DATE INFORMATION)**
- **STRESS MANAGEMENT FOR CAREGIVERS**
- **ETHICAL AWARENESS FOR CARE GIVERS**
- **CHEMICAL DEPENDENCY - THE DIS-EASE OF ADDICTION**
- **RELAPSE PREVENTION - CONTINUING OUR RECOVERY**
- **NURSING DIAGNOSIS**
- **SUPERVISION & DELEGATION WITH NON-R.N.s AND U.A.P.S**
- **MAKING RECOVERY WORK - WRITING YOUR PERSONAL RELAPSE PREVENTION PLAN**
- **NURSING LEADERSHIP AND MANAGEMENT-YOUR ROLES, YOUR SKILL, YOUR STYLE**
- **POSITIVE SELF REGARD - RECOVERY'S TRUE REWARDS**
- **PATHOPHYSIOLOGY - NORMAL VERSUS ABNORMAL IN NURSING ASSESSMENTS**
- **FAMILY DYNAMICS IN ADDICTION AND RECOVERY**
- **PROFESSIONAL BOUNDARIES - PROTECTING YOUR PATIENTS, YOUR PROFESSION, AND YOURSELF**
- **UTILIZING YOUR EMOTIONAL ENERGY IN RECOVERY**
- **BECOMING RESPONSIBLY ASSERTIVE - THE "MASTER KEY" TO RELATIONSHIPS IN RECOVERY**
- **SPIRITUALITY IN RECOVERY - A PLACE OF "ROOTS AND WINGS"**
- **MANAGING CHANGE IN RECOVERY**
- **CREATING YOUR COMPASS AND MAPPING YOUR ROAD**
- **RELATIONSHIPS IN RECOVERY - HOW TO HELP THEM HEAL, GROW, AND THRIVE**